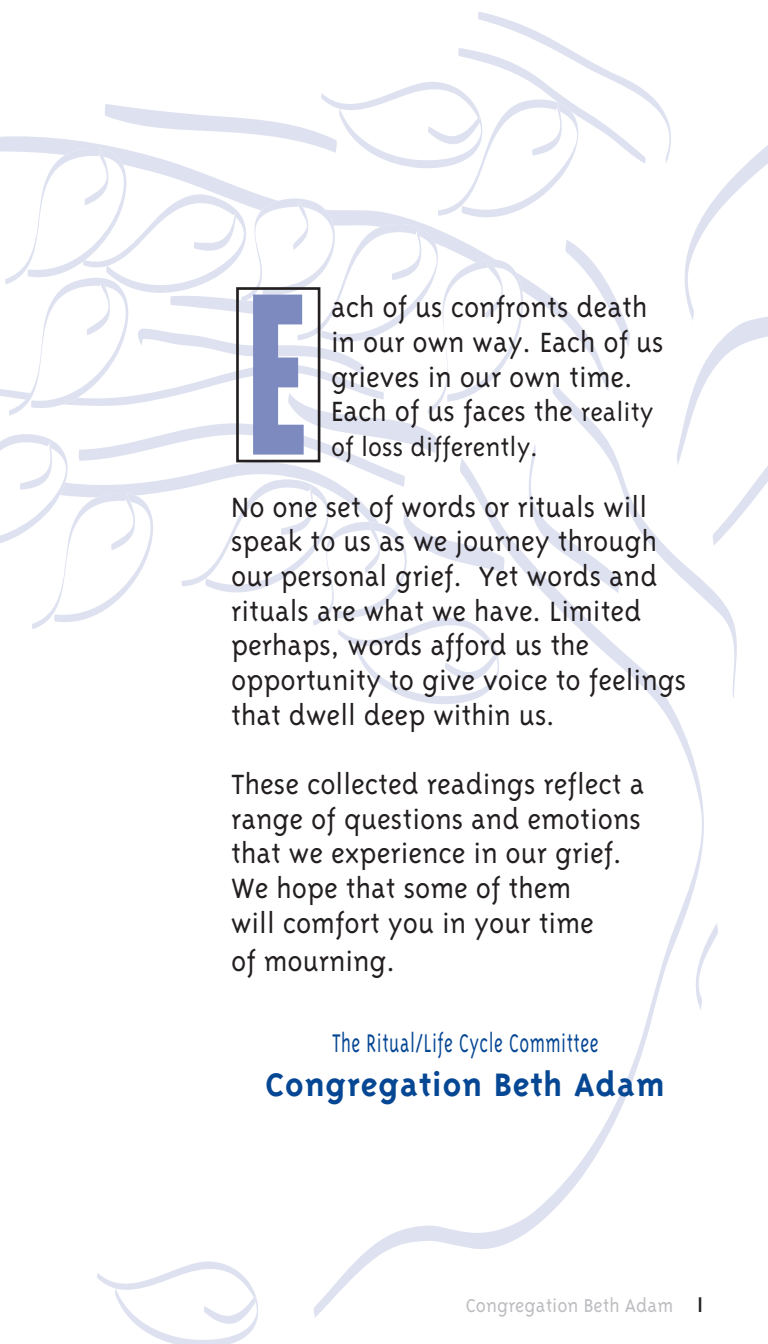


A Benediction
for
Life

DT&A 
BETH ADAM



Each of us confronts death in our own way. Each of us grieves in our own time. Each of us faces the reality of loss differently.

No one set of words or rituals will speak to us as we journey through our personal grief. Yet words and rituals are what we have. Limited perhaps, words afford us the opportunity to give voice to feelings that dwell deep within us.

These collected readings reflect a range of questions and emotions that we experience in our grief. We hope that some of them will comfort you in your time of mourning.

The Ritual/Life Cycle Committee

Congregation Beth Adam

The Music of Life

The music of this life has ended
the final chord has been played.

Yet the symphony continues
even after death
its melodies filling our memories.

Beauty in life, harmony of love
and friendship
remain ours to savor.

Energetic tempos of youth blend
into stately rhythms of age
leaving their mark on the
passage of time.

Recalling moments of haunting beauty
as well as measures of discord and pain,
we pause, quietly, remembering.


For one, a final note has sounded
yet we hear the melody, lilting.

Lingering, the music flows, guiding us
to create our own symphony. 🌸

All of Us

All of us here have been touched by death. What are we to do? How is it possible to comfort one another when all of us are overwhelmed by pain and sorrow? Where do we turn? Who will hold us and give us strength?

This is when it is most important to turn to one another. We are like those trapped in a dark cave. We are unsure of the ground beneath our feet, we cannot see the walls, we cannot see our hands in front of our faces.

In the darkness of this night, in the well of our despair, we reach out to one another. Though weakened, joining together gives us strength and courage and hope and knowledge that together, friend supporting friend, we will journey through the darkness to find the light of another day. 

ACKNOWLEDGEMENTS

Beth Adam's approach to Judaism is reflected in a liturgy that expresses who we are and what we believe. Through our writing, we try to create the opportunity for all to experience a deeper sense of our moral and spiritual selves.



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CONGREGATION BETH ADAM

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Robert B. Barr, Rabbi

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